

## Total Body Analysis

- ❖ The mechanisms of disease are stored in the body as cellular memory. This means that your neurological system knows exactly what is wrong in the body at all times and more importantly the cause of the problem.
- ❖ The technique, kinesiology, also known as muscle testing, is used to determine the information traveling along your neurological system.
- ❖ Symptoms and diseases are only indicators of accumulations of toxins in the body.
- ❖ Only when the body is free of toxins, and there is enough cellular energy to begin the process of building healthy cells and tissues can healing occur.
- ❖ TBA uses the information gathered to create 2 custom made homeopathic remedies. These remedies are used by the body as a means to detoxify and act as an antidote to the destructive cellular memories.
- ❖ The ultimate goal is not only to relieve your symptoms, but to work to achieve complete healing so the body can regenerate new, healthy cells.



## Nutrition Education

- ❖ One on one evaluations to customize a program to best fit your wellness needs.
- ❖ You will fill out an extensive set of intake questionnaires prior to your first visit so that a clear view of your history can be assessed and so that your goals are understood in advance.
- ❖ Customized nutrition education based on your needs, schedule and likes/dislikes learning how to eat and what to eat, leading to making important lifestyle changes.
- ❖ Become educated about nutritional and herbal supplements, taking the guesswork out of what is best for your body. No more standing in the drugstore overwhelmed and paralyzed by choice. Work with your practitioner to save time and decide what is best and most effective for your body.
- ❖ Learn how to implement safe and effective detoxification methods that are appropriate for your body.
- ❖ The number of appointments necessary is going to vary depending on your needs and goals. Usually we meet 1 time per month for about 3 months then discuss a maintenance program.

## Emotional Freedom Techniques

- ❖ Based on the ancient principles of acupuncture, EFT is a simple tapping procedure that gently realigns the body's energy system, without the discomfort of needles. Unlike other energy healing methods, EFT incorporates an emotional element to the healing process, addressing unresolved emotional issues as a likely cause of physical disease, psychological dysfunction, and personal performance limits.
- ❖ Negative emotional experiences disrupt the energy meridians that run through our body. The physical changes we feel from those disruptions, like nausea or anxiety, become attached to the memory of that experience and affect the way we see the world...until we heal that disruption. Properly applied, EFT quickly realigns the energy meridians with respect to negative memories, disconnects the physical discomfort that we attached to it, and quite often removes the resulting symptoms.
- ❖ EFT continues to provide encouraging results, even with newcomers applying EFT to themselves. Some cases are more complex, however, and may require more detailed attention from an experienced EFT Practitioner.

## Pricing

### Total Body Analysis

Initial Evaluation  
\$70

Follow up evaluations  
\$40

### Nutrition Education

Initial Evaluation  
\$70

Follow up evaluations  
\$40

### EFT

### (Emotional Freedom Techniques)

Initial Evaluation  
\$70

Follow up evaluations  
\$40

These evaluations are not intended to treat, diagnose or cure any illnesses and are not a replacement for medical treatment.

## Testimonials

TBA is amazing. The first time I was tested, and took my remedies, I saw results really quickly. I am my old self again. A person that I thought was gone forever. It's been a miracle for me. My husband also had TBA and stopped snoring within days.

*Michelle Maitino  
Lagrange, OH*

I had back surgery 2 ½ years ago and had noticed a significant loss of energy.

After my TBA remedy, I had more energy, and more than that, a desire to want to do more in life. I began to work more and play more sports.

Overall I am very pleased with the progress that I have seen on this program and look forward to seeing many more benefits in the months to come.

*Michael Gray  
Knox, PA*

We were nearing our wits end. Our 1 year old Bridget was quickly becoming more moody, irritable and unpredictable.

Within 1 week of TBA, we were living with a different child and slowly things have continued to improve. The combination of food changes and the remedies resulting from her assessment have changed our lives. This system has been our miracle. We will continue to work with Sara and the TBA system.

*Sharon S.,  
Hudson, OH*



# BioEngenics

Are you interested in adding more **life** to your years?

Read on to find out how.

“Future medicine will be based on controlling energy in the body”  
Professor William Tiller, Stanford University, Nobel Prize Laureate

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